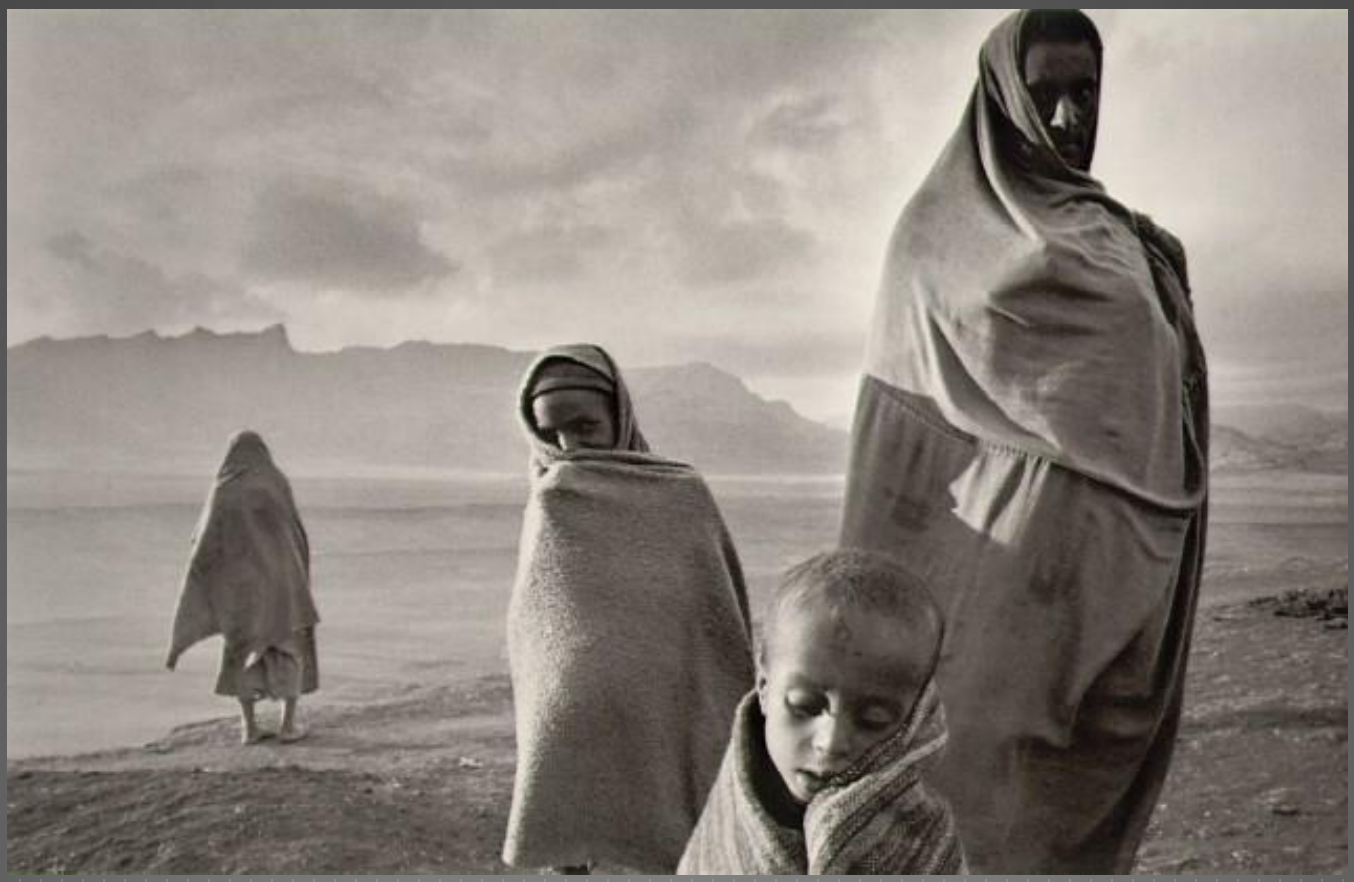
AN OVERVIEW OF GENTLE TEACHING AND A CULTURE OF GENTLENESS

YESTERDAY, TODAY, AND TOMORROW





OUR SHARED ROOTS

THE PRESENT AS A DEFINING PROCESS

MY FIRST VIVID MEMORY: THE ORIGIN OF GENTLE TEACHING

To: Staff
From: John Joseph McGee

6-1-1971

From this time hence there will no longer be any grabbing, making fun of people, putting anyone in the furnace room, using derogatory names, taking anyone down, pushing or pulling people, punishing, or anything else that devalues anyone.



YOU TOLD US WHAT NOT TO DO… NOT WHAT TO DO

ANOTHER VIVID MEMORY: THE ORIGIN OF GENTLE TEACHING

MEMORIES OF A PSYCHIATRIC HOSPITAL: 1972

JUDY IS SO VERY EMPTY-EYED

HER FACE AND BODY SCABBED,

HER SCREAMS ALMOST CONSTANT.

HER BITING HERSELF LEAVING DEEP MARKS ON HER ARMS.

HER EYES PIERCINGLY EMPTY…

JUDY ALONG WITH FORTY FOUR TOOTHLESS, VOICELESS ONES.

FINGERS FLICKING AND GRABBING NONEXISTENT LACES OF AFFECTION…

AND THEN COMES THE POSSIBILITY OF FEELING SAFE AND LOVED.



ANOTHER VIVID MEMORY: THE ORIGIN OF GENTLE TEACHING

A SMALL BOWED MAN ENTERS

LEGS AND HANDS MANACLED

HANDS CLASPED, AS IF IN PRAYER

BUT TO A SEEMINGLY DEAF GOD

BUT WORDS FELL FROM HIS BLACK QUIVERING LIPS,

'I WANT TO GO HOME…GO HOME…GO HAOME

AND EACH SOUND WAS LIKE A TEAR ROLLING DOWN HIS FACE,

THE MINUTES PASSED BY.

AS I LEFT, HE STOOD, HEAD BOWED, EYES WET, FEET BOUND, THE SHADOW OF THE DEATH CHAMBER CASTING ITSELF

ONTO BOTH OF US,

BUT I WENT HOME…



BEFORE STARTING OUR JOURNEY, STOP AND THINK WHO WE ARE, RIGHT NOW, IN THIS VERY MOMENT

WE ARE ABOUT:

- UNCONDTIONAL LOVE
- FOCUSING ON SAFE AND LOVED
- GIIVNG
- PATIENCE
- HOPE
- BEING IN THE MOMENT
- TEACHING A SENSE OF COMPANIONSHIP
- FORMING COMMUNITY

WHAT BROUGHT US TO THE DOORWAY OF THE HUMAN HEART?

STOP AND THINK WHO WE ARE, RIGHT NOW, IN THIS VERY MOMENT

WHAT BROUGHT US TO THE EXPLORATION OF OUR INNER BEING?

- THE FACT THAT WE ARE ALL SPIRITUAL BEINGS: MIND, BODY, SPIRIT
- BURDENSOME OLD MEMORIES AND OUR CAPACITY TO TEACH JOYFUL AND DIGNIFYING NEW ONES
- HEALING POWER OF COMPANIONSHIP-BASED RELATIONSHIPS AND COMMUNITY-MAKING

LIFE IS ABOUT
A HUNGER FOR LOVEAND
A FEAR OF LOSS…

STOP AND THINK WHO WE ARE, RIGHT NOW, IN THIS VERY MOMENT

- THE RECOGNITION OF THE HEAVY BURDEN OF OLD MEMORIES , OFTEN EATING AWAY AT OUR HEART, AND THE HUNGER FOR JOYFUL NEW ONES



- WE HAVE TO DEVELOP EMPATHY FOR "THE OTHER" BY RECOGNIZING OUR OWN BURIED MEMORIES THAT GNAW AWAY AT OUR OWN MORAL DEVELOPMENT

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE: LITERATURE

The quality of mercy is not strain'd,

It droppeth as the gentle rain from heaven

Upon the place beneath. It is twice blest:

It blesseth him that gives and him that takes…

Should I see salvation: we do pray for mercy;

And that same prayer doth teach us all to render the deeds of mercy.

WILLIAM SHAKESPEAR

Violence as a way of achieving justice is both impractical and immoral. It is impractical because it is a descending spiral ending in destruction for all. It is immoral because it seeks to humiliate the opponent rather than win his understanding; it seeks to annihilate rather than to convert..

MARTIN LUTHER KING

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

LITERATURE

GOOD MEMORIES GUIDE OUR LIVES

Guys like us, that work on ranches, are the loneliest guys in the world. They got no family. They don't belong no place. . . . With us it ain't like that. We got a future. We got somebody to talk to that gives a damn about us. We don't have to sit in no bar room blowin' in our jack jus' because we got no place else to go.

[last lines] George: We're gonna get a little place. Lennie: Okay, yeah, we're gonna get a little place and w're gonna... George: We gonna... Lennie: ...have... George: [Lennie mouths what he says] We're gonna have a cow, and some pigs, and we're gonna have, maybe-maybe, a chicken. Down in the flat, we'll have a little field of... Lennie: Field of alfalfa for the rabbits. George: ...for the rabbits. Lennie: And I get to tend the rab... [George shoots Lennie to death in the head and grieves over him]

OF MICE AND MEN, J. STEINBECK

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

PHILOSOPHICAL THOUGHT

AN ENCOUNTER OF THE I AND THOU:

- "AN ATHEIST LOOKING FROM HIS ATTIC WINDOW IS OFTEN NEARER TO GOD THAN THE BELIEVER CAUGHT UP IN HIS OWN FALSE IMAGE OF GOD."

- WHEN TWO PEOPLE RELATE TO EACH OTHER AUTHENTICALLY AND HUMANLY, GOD IS THE ELECTRICITY THAT SURGES BETWEEN THEM.

- THE WORLD IS NOT COMPREHENSIBLE, BUT IT IS EMBRACEABLE: THROUGH THE EMBRACING OF ONE OF ITS BEINGS.

MARTIN BUBER



EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:



EXISTENTIALISM

"Never cease loving a person, and never give up hope for him, for even the prodigal son who had fallen most low, could still be saved; your bitterest enemy and also he who was your friend could again be your friend; love that has grown cold can kindle." KIERKEGARD

Soren Kierkegaard - 1850

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

THE BUDDHIST TRADITION

EVEN THE POOREST OF THE POOR HAVE THESE GIFTS TO GIVE (BUDDHA):

1. The physical gift… to offer service of one's labor…
2. The spiritual gift… to offer a warm and compassionate heart…
3. The gift of the eyes… to offer a warm glance…
4. The gift of countenance… to offer a soft face and smile…
5. The gift of words… to offer kind and warm words…
6. The gift of the seat… to offer one's seat to others…
7. The gift of shelter… to let others spend the night at one's home…

1. Teachings of Buddha

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENTING & FORESHADOWING OUR FUTURE:

HINDU TRADITION

For those who set their hearts on me, The way of love leads sure and swift to me.

Bhagavad-Gita, Chapter XII. 48

Find and follow the good path and be ruled by compassion. For if the various ways are examined, compassion will prove the means to liberation.

Tirukkural 25: 241-242

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

THE JEWISH TRADITION

- **"The universe is built on kindness… Forever is mercy built…"**

- **"O' my child, make yourself the measure (for dealings) between you and others. Thus, you should desire for others what you desire for yourself and hate for others what you hate for yourself. Do not oppress as you do not like to be oppressed. Do good to others as you would like good to be done to you.**

Nahjul Balaghah, Letter 31, 53

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

THE ISLAMIC TRADITION

Allaah also ordains kindness. He ordains that the parents, the relatives, the neighbors, the poor, the weak, the distressed, the orphans and others should all be treated with kindness:

- **"Do good to parents, kinsfolk, orphans, the poor, the neighbour who is near of kin,**
- **The neighbor who is a stranger,**
- **The companion by your side,**
- **The wayfarer (you meet), and...**
- **.Verily, Allaah does not like such as are proud and boastful."**

Rabee'ul-awwal 8, 1424

EXAMPLES OF OUR ROOTS MEETING OUR PAST AND PRESENT & FORESHADOWING OUR FUTURE:

THE CHRISTIAN TRADITION

- **"Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:**
- **I was hungry and you gave me food**
- **I was thirsty and you gave me drink**
- **I was a stranger and you welcomed me,**
- **I was naked and you clothed me,**
- **I was sick and you visited me,**
- **I was in prison and you came to me…**

Matthew, 25:35

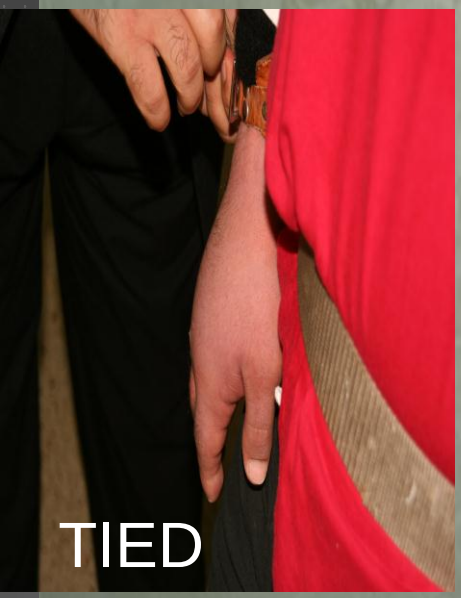
OUR PAST AS A GENTLE PEOPLE (1970-1990): CLASHES WITH TIME-OUT, TUBES, TOKENS, CATTLE PRODS, AND OTHER FORMS OF VIOLENCE (GENTLE TEACHING, 1987)

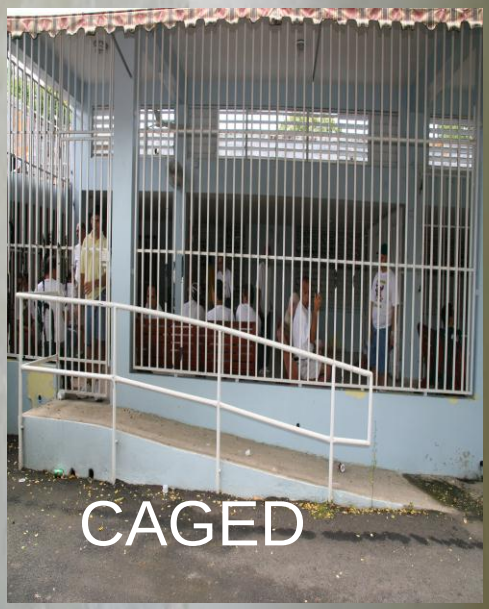
THE ORIGINAL GENTLE TEACHING BOOK (1987) WAS BEHAVIOR MODIFICATION MINUS PUNISHMENT. WHAT IS NOW CALLED POSITIVE BEHAVIORAL SUPPORT

- GENTLE TEACHING, AS WEAK AS IT WAS, OPENED A PERIOD OF CRITICALLY QUESTIONING THE RULE OF BEHAVIORISM
- CONCERN ABOUT REWARD AND PUNISHMENT AS THE TRANSCENDING VALUES AS IF HUMANS WERE MACHINES

THE PRESENT

STARTING WITH THE MOST BROKEN HEARTED INDIVIDUALS AND MOVING TOWARD A CULTURE OF GENTLENESS











THE PRESENT: OUR APPROACH IS ABOUT "I AND THOU" (BUBER)

- OUR GIVING
- OUR PATIENCE
- OUR TENDERNESS
- OUR LOVING ENCOUNTERS DURING GOOD MOMENTS & BAD
- BEING IN THE MOMENT
- CREATING A MEMORY BENEATH A MEMORY
- A MERGER OF ME AND YOU: COMPANIONSHIP
- A MERGER OF US: EVENTUAL COMMUNITY-MAKING

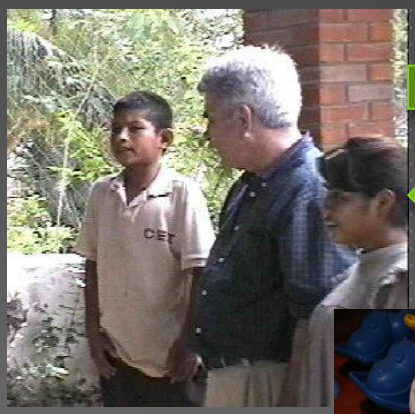
THE PRESENT: 1990-2010
"MENDING BROKEN HEARTS" (1992)

- A COMPLETE MOVE AWAY FROM BEHAVIORISM
- MOVING FROM A FOCUS ON THE INDIVIDUAL ALONE TO COLLECTIVE AND CULTURAL CHANGE
- UNCONDITIONAL LOVE AS THE CENTRAL PEDAGOGICAL STRATEGY
- ANALYSIS OF MORAL OR INTERNAL DEVELOPMENT AS CENTRAL
- COMPANIONSHIP AND COMMUNITY AS TRANSCENDING PURPOSES
- EXPANDING OUR UNDERSTANDING OF GENTLE TEACHING TO ALL AROUND US

THE PRESENT: GENTLE TEACHING IS ABOUT A PROCESS FORMING A PERSONAL AND COLLECTIVE IDENTITY… BORN WITH NO NAME… WE BECOME NAMED…

I have no name.
I am but two days old.
What shall I call thee?
I happy am.
Joy is my name.
Sweet joy befall thee.
Pretty joy!
Sweet joy but two days old.
Sweet Joy I call thee.
Thou dost smile.
I sing the while,
Sweet Joy befall thee.

William Blake, 1787



HOPE



JOY



LOVE

THE PRESENT: GENTLE TEACHING IS ABOUT CREATING NEW MEMORIES BENEATH OLD ONES

THE PRESENT:

- A LEARNING THEORY AND PHILOSOPHY
- FOCUSED ON INNER DEVELOPMENT
- CREATING A NEW MORAL MEMORY
- LEARNING BY STORIES AND EXAMPLE
- BASED ON THE HUNGER FOR LOVE AND THE FEAR OF LOSS…



THE PRESENT: GENTLE TEACHING IS ABOUT CONFRONTING EXISTENTIAL QUESTIONS

- MEANINGLESSNESS
- ALONENESS
- CHOICELESSNESS
- DEATH
- OPPRESSION

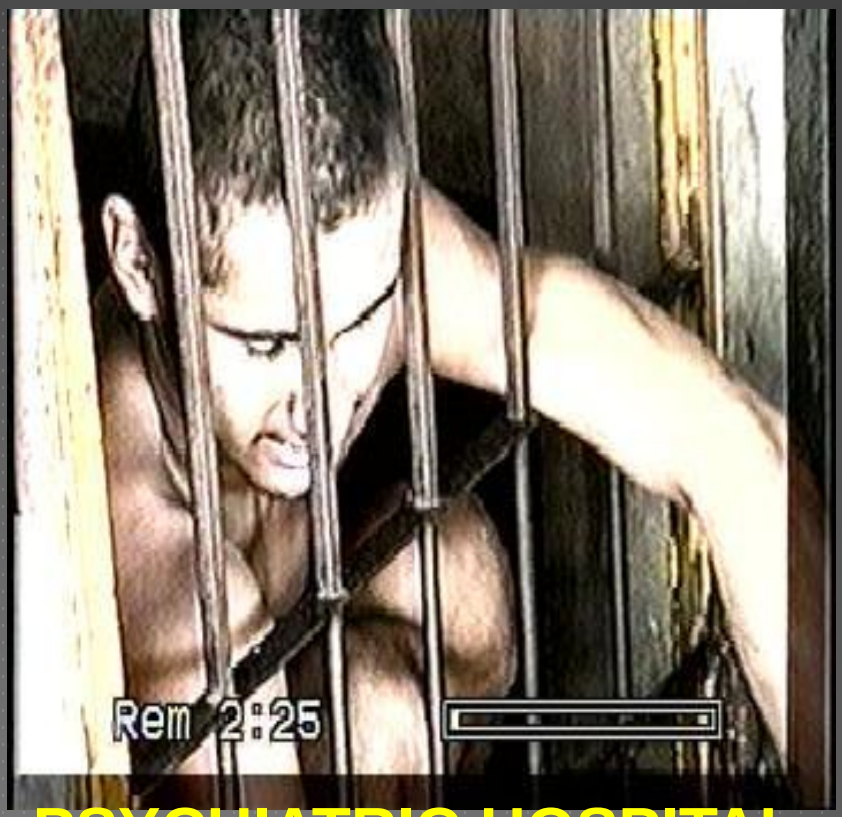




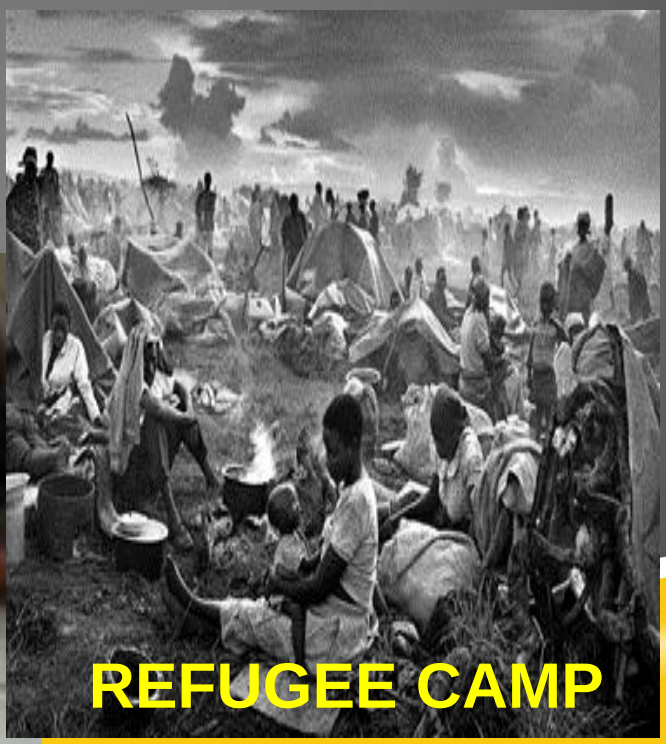


THE PRESENT: MOVING TOWARD THE MOST EXCLUDED IN THE WORLD… THE WRETCHED OF THE EARTH…

ALL CHILDREN
ALL FAMILIES
ALL OF US
REFUGEES
THE POOR
THE STARVING
THE FORGOTTEN
THE ABUSED
THE BEATEN
THE ILL
THE DISABLED
THE TORTURED
THE IMPRISONED



PSYCHIATRIC HOSPITAL



REFUGEE CAMP



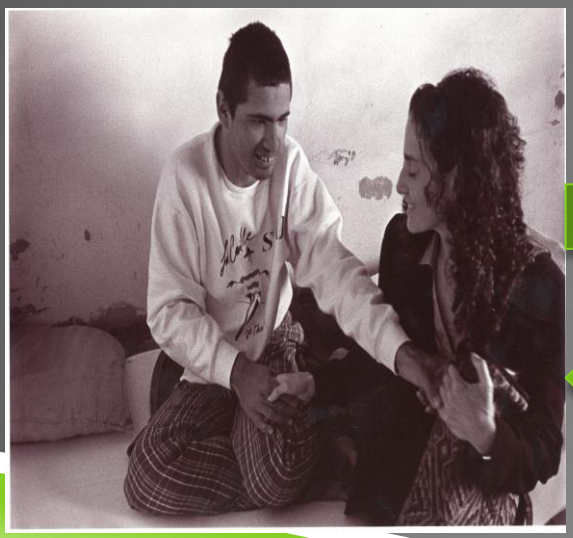
STREET CHILD

THE PRESENT: THE 1ST DIMENSION IS BASED ON A SENSE OF CONNECTEDNESS… NOT BEHAVIOR-CHANGING, BUT MEMORY-MAKING

OLD MEMORIES



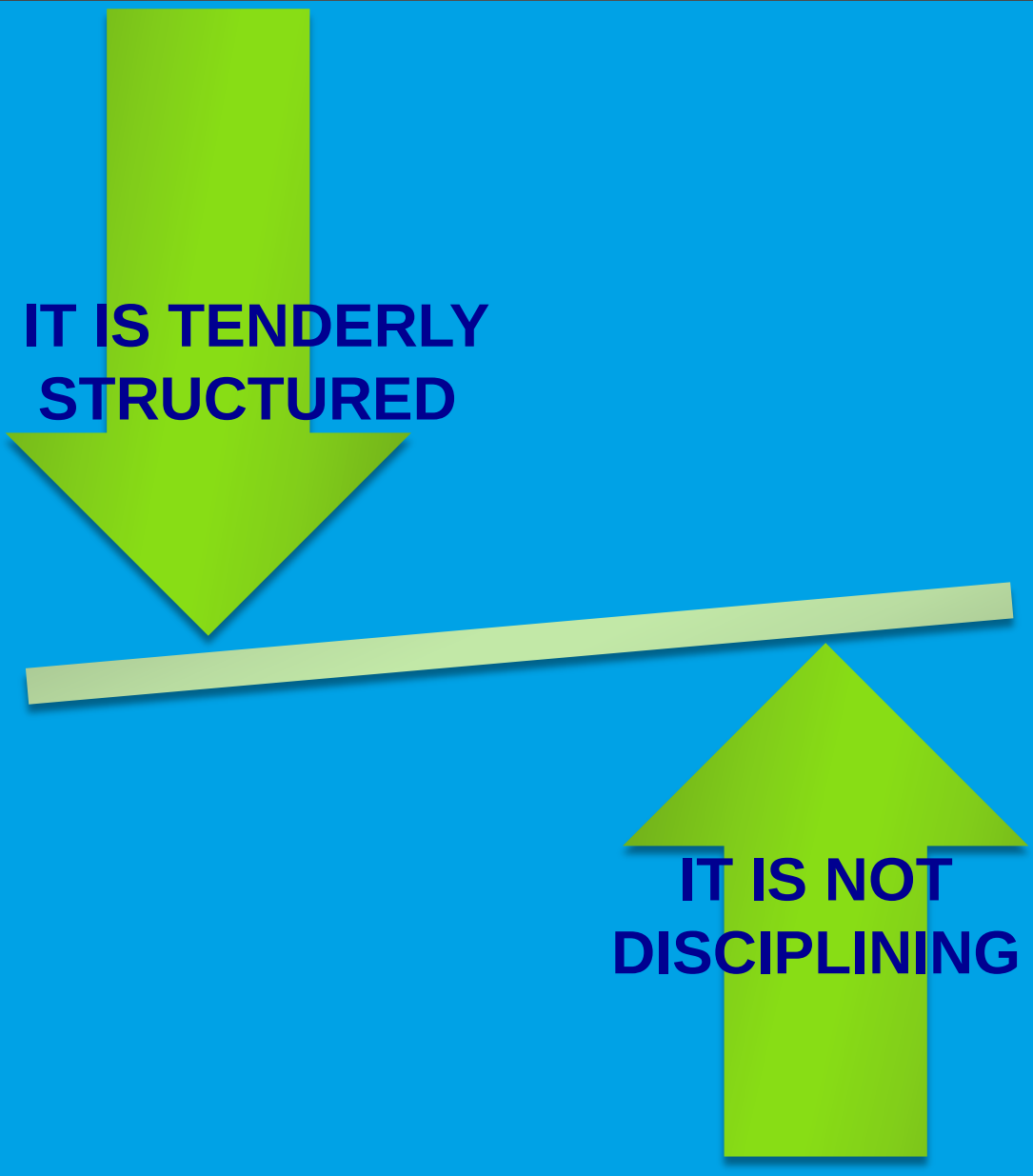
PSYCHIATRIC HOSPITAL



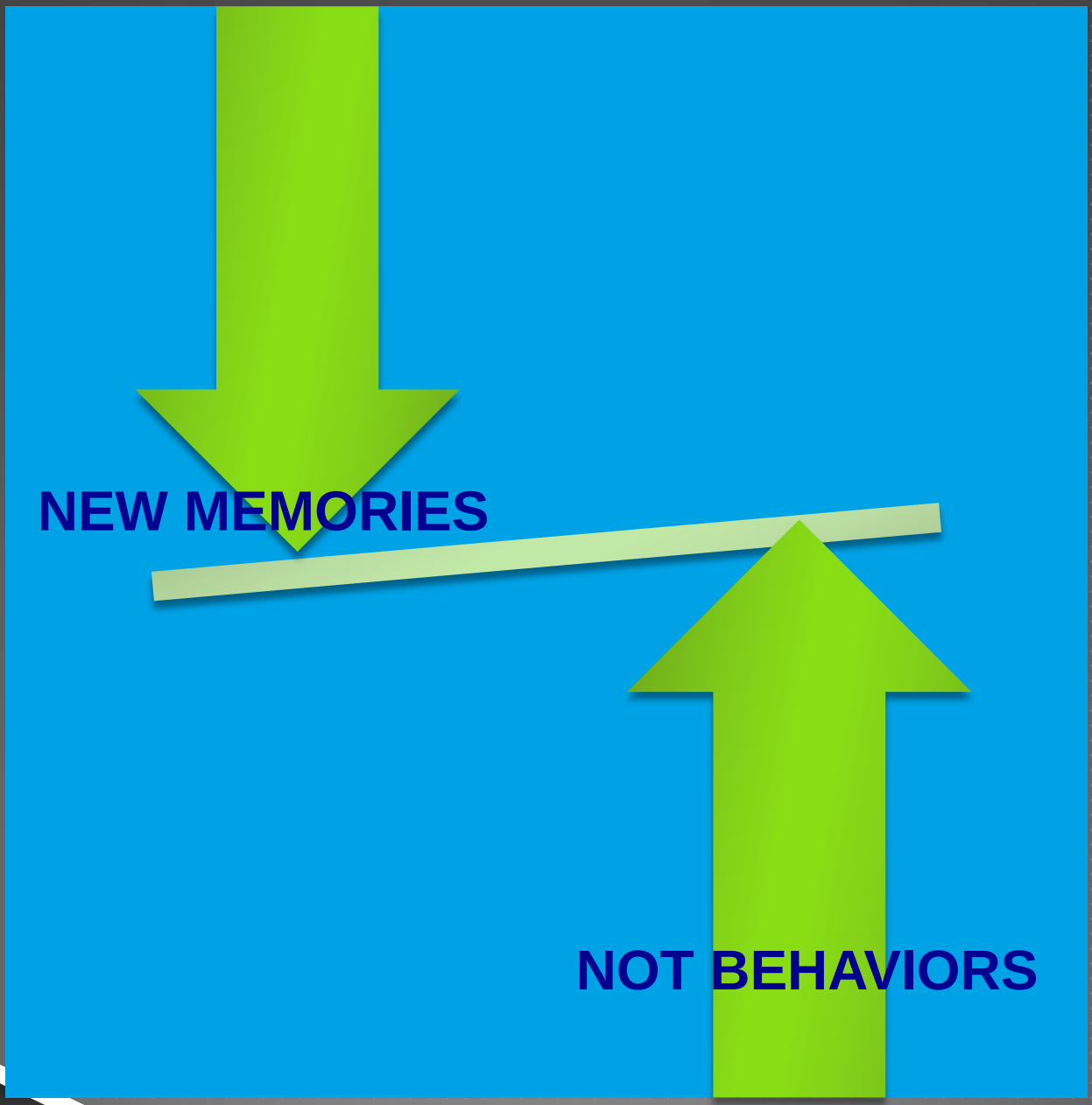
NEW MEMORIES

AT HOME

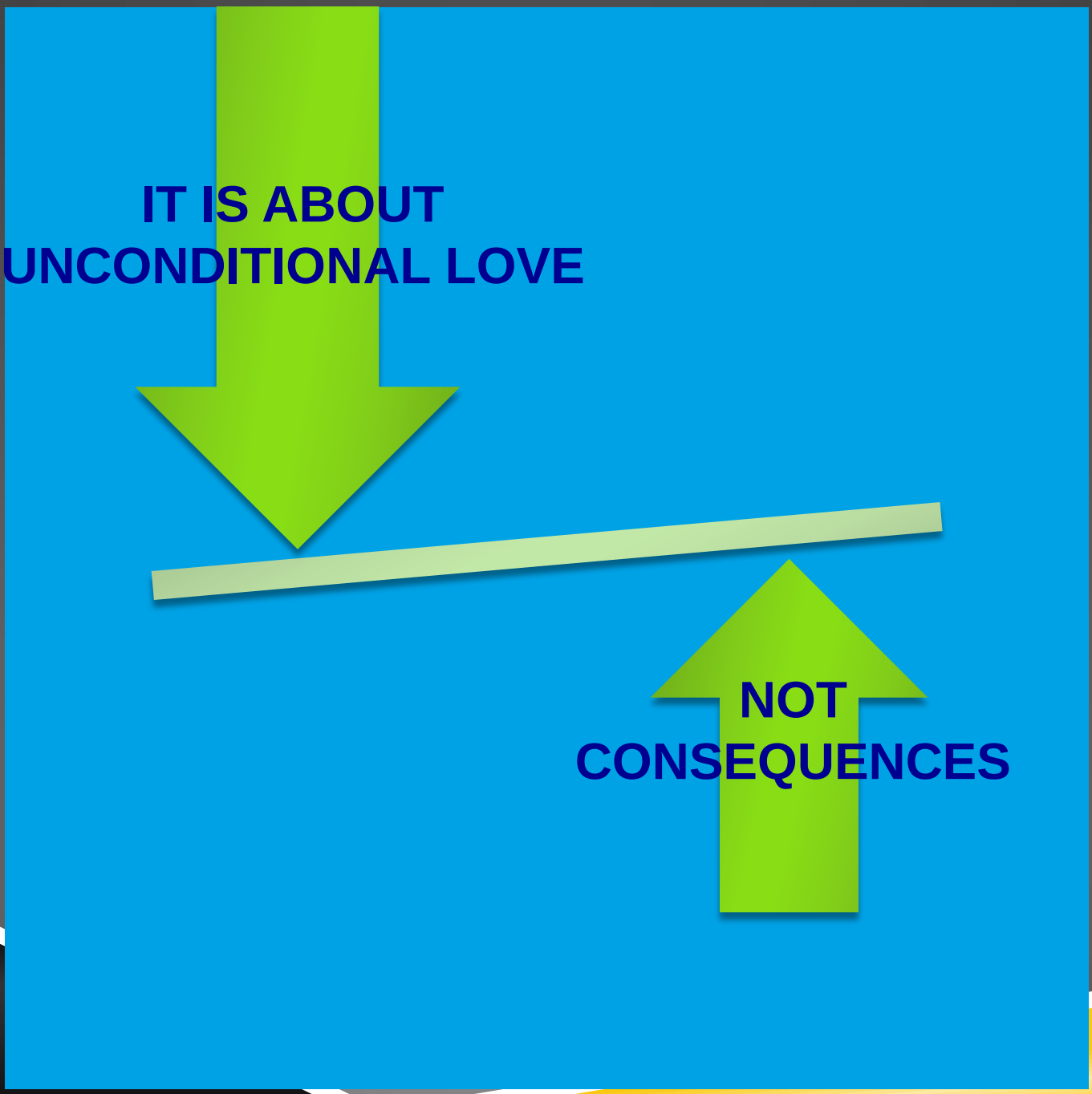
THE PRESENT: GENTLENESS IS & IS NOT



THE PRESENT: GENTLENESS IS & IS NOT ABOUT…



THE PRESENT: GENTLENESS IS & IS NOT ABOUT///



THE PRESENT: SEEKING TO UNDERSTAND THE CENTRAL ROLE OF UNCONDITIONAL LOVE… USE WHATEVER WORD YOU WISH, BUT KNOW THAT IT IS AN EXPRESSION OF LOVE

RESPECTFUL

KIND

PRAISING, VALUING, NURTURING, UNCONDITIONALLY LOVING IS…

FORGIVING

TOLERANT



THE PRESENT: GENTLE TEACHING IS ABOUT US AND OUR ABILITY TO EXPRESS UNCONDITIONAL LOVE WHILE ALSO EXPRESSING OUR…



THE PRESENT: WHAT IS LOVE? OTHER DIMENSIONS TO LOVE

BROTHERLY-SISTERLY LOVE IS NOT TO BE FEARED… THE WORD ELEVATES; IT DOES NOT SUBJUGATE.

"LOVE IS PATIENT. LOVE IS KIND. IT DOES NOT ENVY. IT DOES NOT BOAST. IT IS NOT PROUD. IT DOES NOT DISHONOR OTHERS. IT IS NOT SELF-SEEKING. IT IS NOT EASILY ANGERED. IT KEEPS NO RECORD OF WRONGS. LOVE DOES NOT DELIGHT IN EVIL BUT REJOICES WITH THE TRUTH. IT ALWAYS PROTECTS, ALWAYS TRUSTS, ALWAYS HOPES, AND ALWAYS PERSEVERES." CORINTHIANS 13:4-7



THE PRESENT: AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE

- **PREVENT ANY AND ALL FORMS OF VIOLENCE**
- **HAVE A DISCREET STRUCTURE TO THE DAY SO IT BECOMES PREDICTABLE: SAFE-MAKING**
- **GIVE WIN-WIN CHOICES**
- **MAKE EACH ENCOUNTER WITH THE PERSON EXCEEDINGLY LOVING, WARM, AND UNDEMANDING**
- **KEEP THE FOCUS ON YOUR ENCOUNTER WITH THE PERSON, NOT ON AN ACTIVITY**

THE PRESENT: 4 PEDAGOGICAL INSTRUMENTS TO COMMUNICATE SAFE AND LOVED, ESPECIALLY OUR PRESENCE, WORDS, GAZE, AND HANDS

- PRESENCE: CONJURE UP AN IMAGE OF THE PERSON WITH WHOM YOU ARE INTERACTING
- WORDS: STORY TELLING ABOUT THE PERSON'S GOODNESS, ACKNOWLEDGING THE SORROW SORROW, AND DEFINING JOY
- GAZE: EXPRESSING LOVE AND WARMTH WITH YOUR EYES AND SEARCHING FOR THE PERSON'S VERY SOUL
- HANDS; TOUCHING RESEPCTFULLY TO EXPRESS CONNECTEDNESS

THE PRESENT. WE JUST ASK: A MINUTE OR TWO A DAY CAN HELP OLD MEMORIES GO AWAY

- A SERIES OF ENCOUNTERS THAT UNFOLD IN EACH DAY
- MANY IN THE NATURAL FLOW; SOME INTENTIONALLY STRUCTURED
- 2, 5, 10, 20 MINUTES, FOR EACH CAREGIVER WHATEVER EACH CAN DO, REPEATED 2, 3, 4, 5 TIMES PER DAY
- IT INVOLVES A CHANGE OF HEART THAT TRANSFORMS THE CARING COMMUNITY

THE FUTURE:
FROM GENTLE TEACHING TO A CULTURE OF GENTLENESS… FROM COMPANIONSHIP TO COMMUNITY…



A PEDAGOGY AND PSYCHOLOGY OF BEING AND BECOMING

THE FUTURE: MAKING NEW MEMORIES IN THE ENCOUNTER

MEMORIES:

NOT INTELLECTUAL, BUT INTERNAL, SPIRITUAL, MORAL, HEART FELT… MORAL MEANINGS OR REPRESENTATIONS… AN INNER GUIDE… A MAP…

THROUGH BEING IN THE MOMENT:

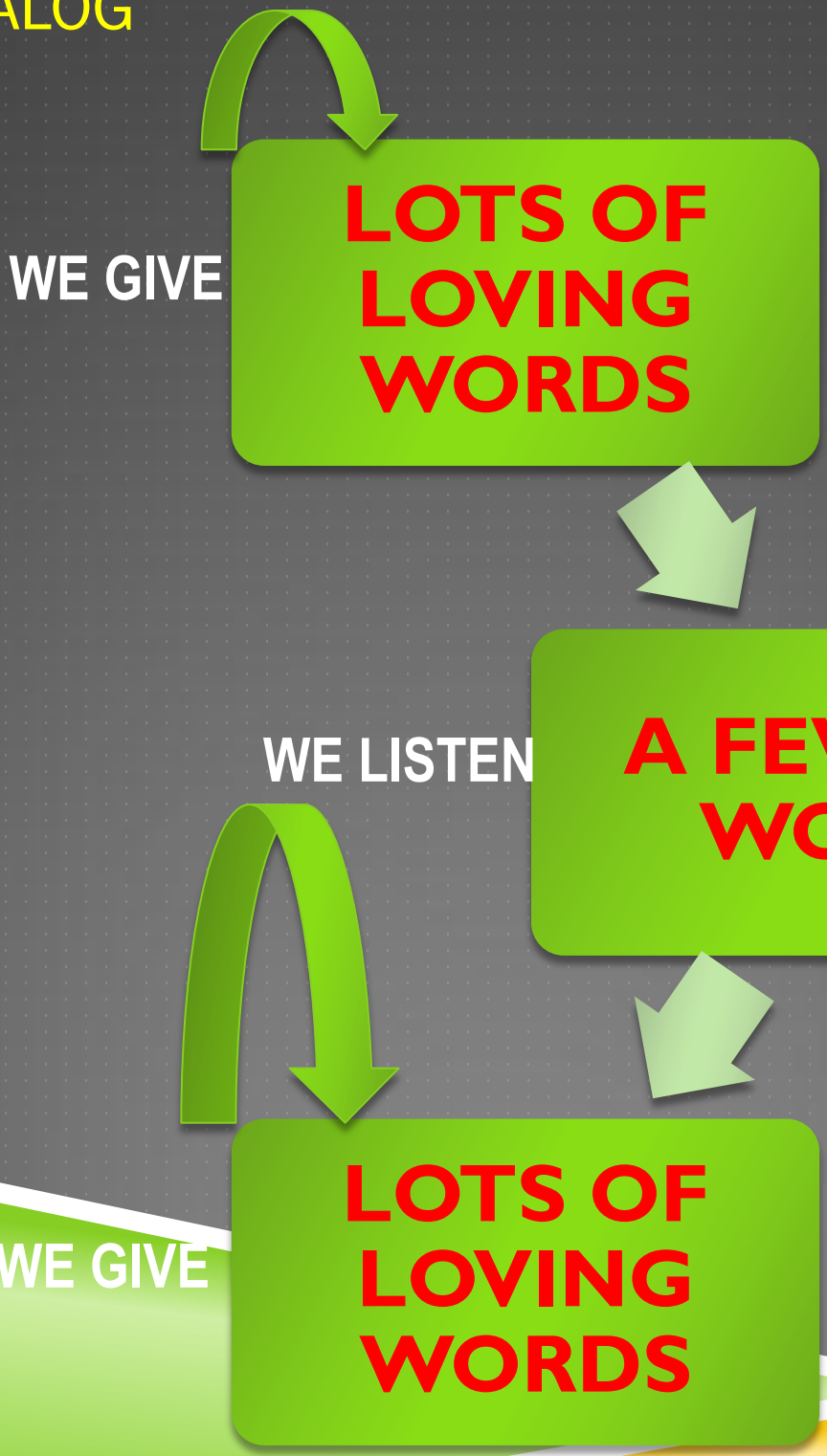
CHAINS OF INTERACTIONS AND ENCOUNTERS THAT ACCMULATE & MAKE "MORAL" MEMORIES



THE FUTURE: 4 PEDAGOGICAL INSTRUMENTS TO COMMUNICATE SAFE AND LOVED: OUR PRESENCE, WORDS, TOUCH, AND GAZE.. THE POWER OF THE WORD: EMPHASIS ON ENTERING INTO A DIALOG ABOUT GOODNESS



THE FUTURE: CREATING NEW MEMORIES WITHIN OUR CULTURAL CIRCLE BRINGING PEOPLE TOGETHER WITH OUR DIALOG



4 ASSUMPTIONS TO AVOID WITH OUR WORDS

FOCUSING ON THE PERSON JUST MAKING BAD CHOICES

BUYING INTO THE CYNICISM OF MANIPULATION

THE STEREOTYPE THAT THE PERSON KNOWS BETTER

ACCEPTING THE ASSUMPTION THAT HE/SHE JUST WANTS ATTENTION

4 ADMINISTRATIVE ASSUMPTIONS TO AVOID

A CENTRAL FOCUS ON THE BOTTOM LINE

A CENTRAL FOCUS ON THE PERSON-CENTERED PLAN RATHER THAN A CIRCLE OF FRIENDS

THE USE OF CLINICAL STAFF AS ACCOUNTANTS

A FOCUS ON PLACEMENTS INTO MERELY EMPTY SPACES

THE FUTURE: UNCOVERING NEW MEMORIES—PERSONAL AND COLLECTIVE

- MEMORIES UNDER MEMORIES
- NOT JUST ME AND YOU, BUT US… COMMUNITY MAKING
- A MAPPING OF WHO "WE" AND"OTHERS" ARE
- MORAL REPRESENTATIONS THAT BECOME INTERNALIZED AND GENERALIZED



THE FUTURE: THE DEVELOPMENTAL MODEL

DEVELOPMENTAL DIMENSIONS IN YOUNG AND OLD

FOCUSED ON
THE INDIVIDUAL AND THE GROUP



1. BROKEN HEARTED & LONELY
2. SAFE & LOVED
3. SELF-CENTEREDNESS
4. LOVING OTHERS
5. ENGAGEMENT

THE FUTURE: MORE MORAL MEMORIES EVOLVE AND DIFFERENT MEMORIES BECOME INCREASINGLY IMPORTANT…

6

- **SHARING, GIVING, WAITING, COMMUNICATING…LEARNING TO LIVE IN COMMUNITY…**

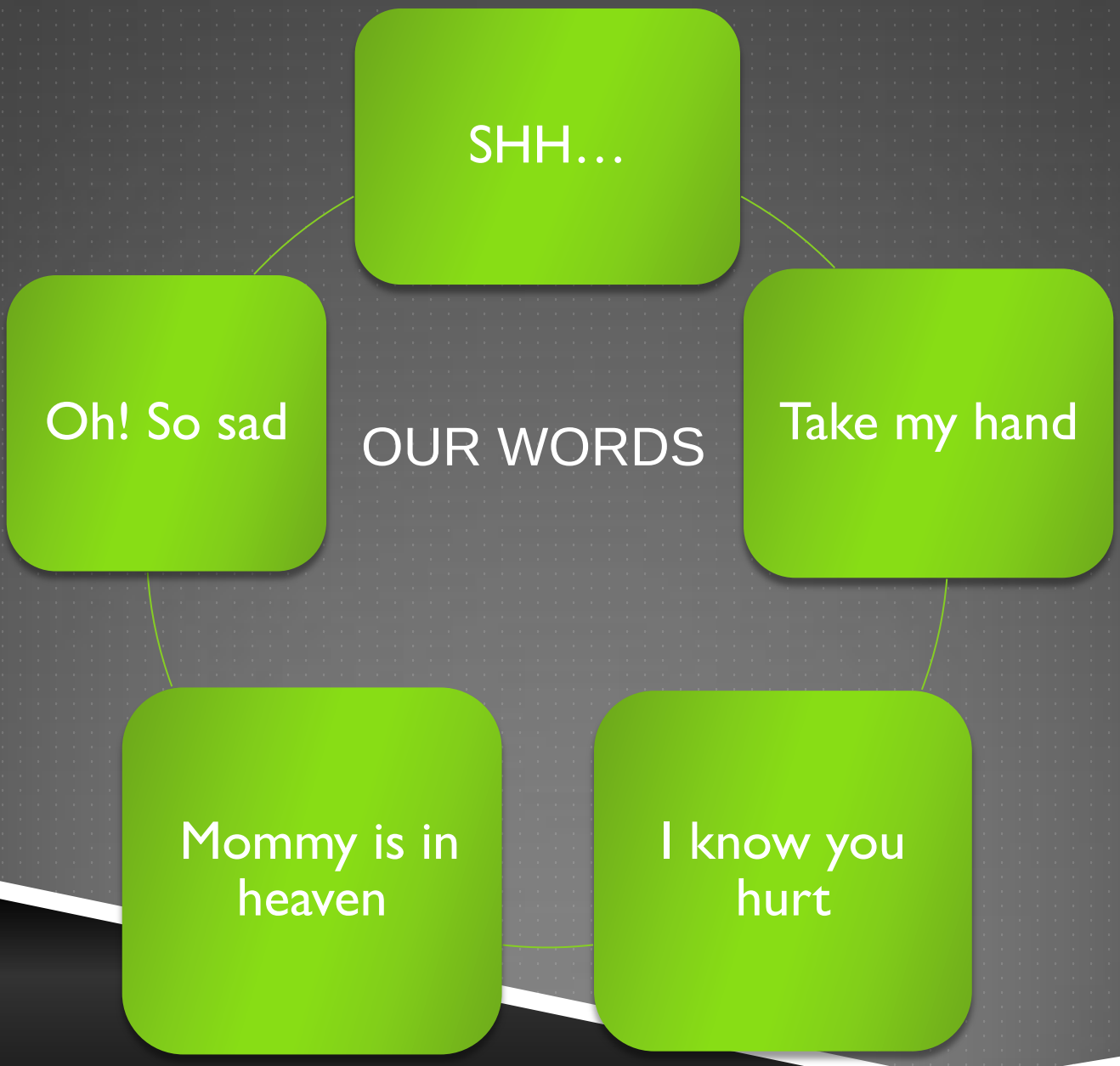
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- **WANTING TO MAKE CAREGIVERS PROUD OF YOU**
- **IMITATING CAREGIVERS**
- **FOCUS ON SELF-ESTEEM**

8

- **LEARNING WHEN ENOUGH IS ENOUGH… SELF-CONTROL…**

THE FUTURE: DIALOG—REPLYING WITH EMPATHY AND HELPING TO CREATE MEMORIES OF JOY BASED ON OUR WORDS



THE FUTURE: DIALOG—DEVELOPING NEW MEMORIES, AN INTERNAL MORAL DESIGN THAT GUIDES US…



THE FUTURE: ASSESSING OR "SEEING" SAD OLD MEMORIES... DEALING WITH BROKEN HEARTS INSTEAD OF "BEHAVIORS"

- SEEN IN THE TIGHTNESS & DESTRUCTION OF THE BODY
- SEEN IN THE EMPTINESS & COLDNESS OF THE EYES
- HEARD IN SCREAMS, MOANS, AND COMPLAINTS
- FELT IN THE FISTS THAT SWING & HURT
- FELT IN RUNNING AWAY TO NOWHERE
- DRUGS THAT COVER SORROW



TWO KIDS, AGED 9 & 10, ARRESTED ALLEGEDLY FOR THEFT, ARE JAILED IN THIS SMALL CELL WITH 18 OTHER CHILD DETAINEES AND 16 ADULT PRISONERS. (PHOTO: PREDA)

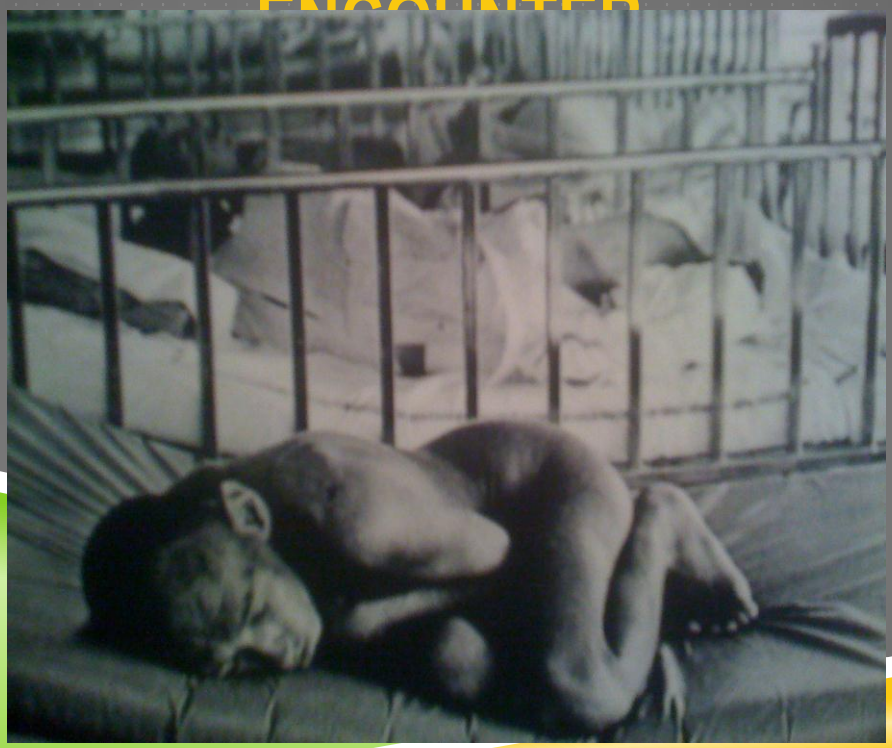
THE FUTURE

THE CARE GIVING MOMENT

THE HERE AND NOW BECOMES THE FUTURE

RIGHT NOW… THIS MOMENT… IS THE FUTURE

IT IS THE MOMENT, EVEN THE MOMENT WITHIN THE EMOMENT THAT MAKES AN ENCOUNTER



THE FUTURE: BEING IN THE MOMENT… THE NOW RATHER THAN A YEAR FROM NOW

- Not a moment before
- Not a moment after
- Just in the now



THE FUTURE: THE MOST POWERFUL MOMENTS ARE IN THE CARING COMMUNITY

- NOT PUT IN WORDS, BUT IN FEELINGS– BECOMING A COLLECTIVE MEMORY
- SEEPING INTO OUR FEELINGS-- AN AWARENESS OF THIS MOMENT'S GOODNESS CONNECTING WITH OTHER GOOD MOMENTS AND WITH EACH IN THE GROUP
- IN THIS CHAIN, EACH MOMENT IS SHORT, INTENSE, AND PUNCTUATED WITH MOMENTARY SILENCE, THEN FOLLOWED BY AN OTHER LOVING MOMENT, AND ANOTHER…

THE FUTURE: ALL OF OUR LOVING MOMENTS IN OUR CARING COMMUNITY

- START TO ADD UP AS BIG “CHUNKS” IN A NEW MORAL MEMORY

- THESE ARE LIKE THE BUILDING BLOCKS OF A NEW MEMORY THAT GIVE THE CARING COMMUNITY A NEW MORAL IDENTITY: “WE ARE GOOD BECAUSE YOU HAVE TAUGHT US TO FEEL SAFE AND LOVED. I AM GOOD BECAUSE YOU SAY THAT I AM GOOD. WE ARE GOOD BECAUSE YOU HAVE TAUGHT US THAT WE ARE”

THE FUTURE: WHEN NOT FEELING SAFE & LOVED IS THE RULING MORAL MEMORY… A NEW INDIVIDUAL AND COLLECTIVE MEMORY

1. It is good to be with the caring community
2. It is good to do things with the caring community
3. It is good to do things for the caring community
4. It is good to do things for others



THE FUTURE: A NEW FORM OF LEADERSHIP BASED ON MUTUAL CHANGE AND DEMOCRACY

LEADERS

- WORK WITH THE PEOPLE
- ESTABLISH DEMOCRATIC MANAGEMENT SYSTEMS
- POLICIES RELATED TO COMPANIONSHIP AND COMMUNITY
- POLICIES THAT END THE USE OF SECLUSION, PHYSICAL MANAGEMENT OR PUNISHMENT
- PUT FISCAL MANAGEMENT SUBSERVIENT TO THE PROCESS OF CARE GIVING

THE FUTURE: HOW WE DIALOG WITH EACH OTHER… TO MEET IS TO SEARCH. FOR…

- QUESTIONS RELATED TO SAFE AND LOVED, COMPANIONSHIP, AND COMMUNITY
- FEELINGS OF FEAR, LONELINESS, MEANINGLESSNESS, DEATH, AND OPPRESSION
- PLANNING FOR THE MOMENT
- HELPING CAREGIVERS BE IN THE MOMENT EXPRESSING UNCONDITIONAL LOVE
- THOSE WHO ARE DIRECTLY INVOLVED MUST ACTIVELY PARTICIPATE IN THE PLANNING

THE FUTURE: A NEW FORM OF RESEARCH BASED ON GENTLE TEACHING AND A CULTURE OF GENTLNESS

RESEARCH BASED ON:

- THE PROCESS OF CAREGIVING
- STUDIES ON MUTUAL CHANGE
- ANALYSIS OF WAYS TO FORM COMPANIONSHIP AND COMMUNITY
- STUDIES IN VARIOUS MARGINALIZED GROUPS
- QUALITATIVE ANALYSIS
- STUDIES LOOKING AT THE TOOLS OF CAREGIVING

THE FUTURE: BECOMING ACTIVE BEINGS… HAVING A LIFE-PROJECT…

TEACH THAT IT IS GOOD:

- TO BE WITH THE CARING COMMUNITY
- TO DO THINGS WITH THE CARING COMMUNITY
- TO DO THINGS FOR THE CARING COMMUNITY
- TO DO THINGS FOR OTHERS OUTSIDE OF THE CARING COMMUNITY

THE FUTURE: POLICIES AND PRACTICES SUPPORTIVE OF GENTLENESS AND SOCIAL JUSTICE

POLICY STATEMENT

- **“THAT ALL PROGRAMS, SERVICES, AND SUPPORTIVE INTERVENTIONS REFLECT NONVIOLENCE AND A SPIRIT OF GENTLENESS IN THEIR PURPOSES AND MEANS, ENSURE EACH PERSON A DEEP SENSE OF COMPANIONSHIP AND COMMUNITY, SUPPORT EACH PERSON IN THE SEARCH FOR COMMUNITY INCLUSION, AND SERVE AS THE FOUNDATION FOR A CULTURE OF LIFE.”**

FUTURE: FRAMEWORK FOR A MANAGEMENT AND ADMINISTRATIVE MODEL

- **MOVING AWAY FROM THE BUSINESS MANAGEMENT MODEL**
- **MEASURING MONEY AND COST REDUCTION AS A PRIMARY VALUE WITH LITTLE RELEVANCE OR CONNECTION TO SOCIAL WELL-BEING**
- **“DISCHARGING” ANYONE WHO WILL DETRACT FROM INDEPENDENCE-ORIENTED OR COST REDUCTION OUTCOMES**

THE FUTURE: A MECHANISM TO SHARE WORLDWIDE EXPERIENCES IN A CULTURE OF GENTLENESS… GENTLE TEACHING INTERNATIONAL INFORMATION DISSEMINATION

- A SOURCE FOR A GLOBAL DESCRIPTION OF NATIONAL AND LOCAL EXPERIENCES… NOT A CONTROL, BUT A FOUNTAIN OF INFORMATION
- NATIONAL AND REGIONAL FEEDERS: EACH DOING ITS OWN THING
- INFORMATIONS BASED ON SUCCESSES AND NEW ATTEMPTS

THE FUTURE: SUBSTANTIVE CHANGE

THE FADING AWAY OF:

- **BEHAVIORISM**
- **APPLIED BEHAVIORAL ANALYSIS**
- **POSITIVE BEHAVIORAL SUPPORT**
- **PHYSICAL MANAGEMENT, RESTRAINT, PUNISHMENT, AND ANY APPROACHES BASED ON CONTROL AND MANIPULATION**

THE CREATION OF:

- **INTENTIONAL COMMUNITIES**
- **A CULTURE OF GENTLENESS THROUGHOUT ALL SECTORS**
- **THE PRACTICE OF GENTLENESS IN FAMILIES AND SUPPORTIVE SETTINGS**

ENDING IN THIS MOMENT

- A STORY OF HOPE THAT STARTS WITH SORROW. KNOWING JOY BECAUSE WE KNOW SORROW
- AMELIA IS A YOUNG WOMAN SUFFERING FORM NEGLECT AND ABUSE THAT HAS LEFT HER:
  - NAKED
  - BEATING HER RIGHT EYE TO BLINDNESS
  - BEATING HER EARS TO A PULP
  - CONFINED IN A GARAGE

THEN HOPE ENTERED AND MUTUAL CHANGE CAME ABOUT
OUR HOPE, OUR BELIEFS,
AND OUR UNCONDITIONAL LOVE